### Administration of Alcohol Brief Intervention Flowchart

1. Assess alcohol status via standard admission assessment tool.

2. Complete MR202E Alcohol and Tobacco Screening Tool with patients who identify they drink alcohol.

Advise patient of their ADUIT score and provide appropriate feedback about the health risk. Provide patients with a copy of <u>Alcohol and my health</u> brochure

#### Low risk Score 0 – 7

- Discuss AUDIT score
- Provide feedback to encourage patient to maintain low risk behaviours
- Provide <u>Alcohol and My</u> <u>Health</u> or Indigenous feedback pamphlet
- Discuss specific benefits for low-risk drinking (if needed).

## Risky

Score 8 – 12

- Discuss AUDIT score
- Provide <u>Alcohol and My</u>
   <u>Health</u> pamphlet or
   Indigenous feedback
   pamphlet
- Provide feedback on the harms of risky drinking
- Discuss:
  - benefits of reducing consumption
  - tips for low risk drinking
- An action plan for cutting down (if needed)
- Follow-up and referral (if needed).

### High Risk Score 13 +

Effective: 27 February 2015

# May require active referral and intervention

- Discuss AUDIT score
- Provide feedback on the harms of high risk drinking
- Discuss:
  - benefits of reducing consumption
  - tips for low risk drinking
- If the score is 20 or over, explain the need for medical supervision and possible use of alcohol withdrawal scale
- Consider overall pattern of drinking – may need to refer to GP or Community Drug service.
- 4. If appropriate, conduct a brief motivational interview with patient during their hospital stay.
- 5. Arrange follow up and referral as appropriate.
- 6. File completed AUDIT form and associated notes in patients file.

Date of Last Review: February 2015 Page 1 of 1 Date Next Review: October 2017 Contact: Health Promotion Officer (A.McGill) TRIM Record No: ED-CO-14-23087