



# Your roadmap to raising healthy country kids



Find out about services available to you and your child.



## Immunisation

### Services

Following the WA Immunisation Schedule protects a child from infectious diseases.



## Growth

Measuring weight and length to ensure baby is on track.



## Development

Movement, speech, hearing and vision are tracked against key milestones.

Your child may be eligible for additional services, check with your child health provider.



## 0-14 days

"We get to meet our child health nurse!"



## Birth

"I'm here! Protect me by getting my birth immunisations."



## Pregnancy

"Mum's immunisations protect both of us."



## 6-8 week check

- ✓ Doctor visit for me and mum
- ✓ See my child health nurse
- ✓ Get my immunisations



## 4 month check

"My immunisations are my shield. Make sure you book in on time. Let's check my development - am I babbling?"



## 18 months

"I need my immunisations. I am getting curious and independent - stay one step ahead of me to make sure I am safe."



## 12 month check

"I love moving and pulling to stand. Let's see the child health nurse."



## 6 months

"Am I ready for first foods? Ask the child health nurse what foods I can eat. I also need my immunisations to protect me."



## 2 year check

"I can have big feelings, and you help me feel better. The child health nurse will see if I'm on track for kindy."



## 4 years

"I need my immunisations please, and I get to meet the school health nurse this year."



## School entry health assessment

"The nurse visits me at school to check my hearing, vision and speech."



Get in touch to keep your child up to date.

More milestones are ahead in your child's journey

Talk to your health provider as they grow.