# Helpline

In an Emergency Call 000 or visit your local Hospital or Nursing Post

Rural Link 1800 552 002

Kids Help Line 1800 551 800

Kids Help Line (Parents) 1800 654 432

Poisons Information Centre 13 11 26

Parent and Family Drug Support 1800 653 203

1800 Respect (Sexual Assault,

Domestic Family Violence) 1800 737 732

Midwest Mental Health and Community Alcohol and Drug Service 1800 051 999

www.wacountry.health.wa.gov.au



## **Our Locations**

#### Geraldton

Community Health Building 51 – 85 Shenton Street Geraldton WA 6530 Telephone: 1800 051 999 Facsimile: 99561998

#### Carnaryon

Carnarvon Hospital Outpatient Centre Cleaver Street Carnarvon WA 6701 Telephone: 1800 051 999 Eacsimile: 99561998

#### Meekatharra

Mental Health Meekatharra Hospital Savage Street Meekatharra WA 6642 Telephone: 1800 051 999 Facsimile: 99561998

### Midwest, Murchison and Gascoyne

Regional clinic visits are conducted regularly

Telephone: 1800 051 999 Facsimile: 99561998



To provide feedback on this publication email wachscomms@health.wa.gov.au. Alternative formats can be provided on request. © WA Country Health Service.



Midwest Mental Health & Community
Alcohol and Drug Service

# Welcome

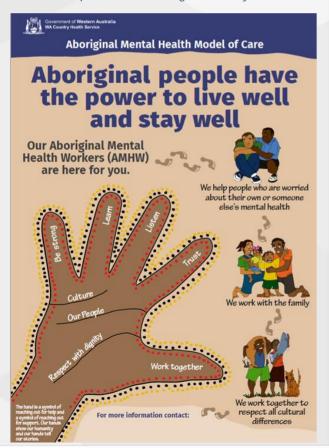
Child and Adolescent Mental Health Service (CAMHS)



## **Our Service**

The Child and Adolescent Mental Health Service (CAMHS) provide recovery-focused mental health programs to infants, children and young people up to age 18. The service has the family at the centre of their care.

Children, young people and families come to see us for lots of different reasons. CAMHS offers support, advice and treatment to young people and their families who are having problems with how they feel, how they think about things and how they behave. We work with children, young people and their families when relationships are difficult and have an impact on well-being and family life.



## **Our Staff**

#### Who works at CAMHS?

Our staff are trained to work with children, young people, and their families. They come from a number of different backgrounds: mental health nursing, allied health, clinical psychology, and psychiatry. You will be seen by the people who will best be able to help you.

### Can anyone else be involved?

Yes, it's your and your family's choice if your doctor, family members, school, carers or other service providers are involved in your care.

### **Your Choice**

### What happens if you choose to come to MMH&CADS?

If you or your family wants to come and see us, you can call or attend the clinic to book an appointment with us. We call this a **Choice Appointment** and it will usually last for an hour.

You will help us to understand some of the problems you are facing, and together work on a plan of action.

We will discuss with you the kind of help and treatment we or other agencies might be able to offer.

If our service is not suitable to meet your needs we will link you with the most appropriate person or service.

Either way, you will leave your choice appointment with a written plan.

# Your Experience

The Experience of Service Questionnaire

The Experience of Service Questionnaire (ESQ) is a questionnaire that has 15 questions for you to answer.

The questions include things like:

- What you think about your care with CAMHS and your time here with us
- Did you find getting an appointment with us easy?
- How you felt about your care
- Whether you felt comfortable and safe

You or your parents or carers can fill this out; it's completely anonymous so no one else will know what you have written.

Taking part in the survey is voluntary and anonymous.

The care that you receive will not be affected by your participation in any way.

We need this information so that we can make CAMHS a safe and comfortable environment for everyone.

